

## Retreat Topics

### The Love of the Father, Son and Holy Spirit

If someone were to say to you “Show me where you find evidence of the Trinity in the Bible.” Would you be able to answer them? If someone said “What difference does the Trinity make in your faith and everyday life?” What would you say? During this series, we will attempt to answer these questions together. Find out why the Trinity is practical theology for your everyday life- how it can help you to be a better spouse, employee, friend and Disciple of Christ.

**Talk #1:** Biblical evidence of the Trinity and What the Trinity Reveals about the nature of God.

**Talk #2:** The Shared Life: Imitating the love of the Trinity in our lives (Our attitude towards ourselves and others).

**Talk #3:** The Shared Life: Power to Imitate the Trinity in our lives (Holy Spirit).

**Talk #4:** The Shared Life: Imitating the love of the Trinity in our church life together.

### Rediscovering Prayer

Have you ever wondered “What difference do my prayers make? Does a sovereign, all-powerful God need our involvement or not? Is prayer really necessary? If God is going to do something regardless of whether or not I pray, then why should I pray? Why do some prayers go unanswered? How can my prayer life recover from the pain of unanswered prayer?” This series attempts to answer these questions by looking at different Bible passages to discover what they have to teach us about the importance and mystery of prayer.

**Talk #1:** Prayer: What? Why? How?

**Talk #2:** Silent Heaven: Pain of Unanswered prayer (Luke 11:1-13)

**Talk #3:** Drawing Near to God in your Prayer Life (James 4:1-10)

Instead of just talking about prayer, we will experiment together with new ways to pray. Optional Creative Prayer workshops: Experimenting with new ways to pray through 1) artistic expression 2) meditation on everyday objects 3) meditation on the rhythms of your life 4) meditation on photographs

## **Trinitarian Evangelism: To know Christ and make Christ Known**

This series looks individually at each person of the Trinity. Each talk challenges us to learn how we can draw closer to Christ and also learn what it means to be an externally focused Christian and Church.

**Talk #1:** Imitating the incarnation of Christ (Philippians 2)

**Talk #2:** Becoming the Compassionate Father (Luke 15:11-32)

**Talk #3:** Holy Spirit: The Power to show and tell (Acts 1:8)

- Optional workshop on “How to tell your God story”

### **Single Topic Talks (about 45 minutes)**

- Soul Satisfying Friendship: How to have one and be one
- The power of the Holy Spirit for busy moms
- Looking ahead to the Teenage Years: Godly parenting
- Seeking Wholeness in Body, Mind and Spirit
- The power of the Holy spirit for couples
- Imitating the Incarnation: a model for ministry and life

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